



FSMTA Newsletter

December

There is NO Chapter Meeting

Join us for our Flagler/Volusia Chapter

Holiday Party

Date – Dec. 14, 2011

Time - 6:00 PM

Location – Vince Carter’s

Address – 2150 LPGA Blvd.

Daytona Beach, FL 32117

Tickets – 25.00 per person (No tickets will be sold at the door)

Please purchase your tickets by **Dec. 7th** from Gregory Neely at New Age Touch, 240 Ridge wood Ave. Holly Hill, FL 32117

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Board of Directors:

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Mark Bigelow, LMT

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2nd Vice-President
Jane Sharpe, LMT

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Moises Sztyleman,
LMT

Treasurer
Gregory Neely, LMT

Immediate Past-
President
Carol Morrell, LMT

Newsletter Editors

Betsy Morrison, LMT
Gregory Neely, LMT



Presidents Report

Mark Bigelow, LMT

Last Month's Speaker

Special thanks, to Gregory Neely for an enlightening presentation at our November chapter meeting on HIPPA/HITECH new rules for medical professionals. If you do not know what HIPPA/HITECH is, then you should have been at the meeting. Changes are in the wind and without knowing the new regulations you could easily be in violation of more than just a few. Get on board now with the changes. Look for upcoming class from Gregory on the subject.

Elections

Consider yourselves notified that the chapter election for officers will be held at our January 2012 chapter meeting. We will be having our annual business meeting that night for one hour and a CE presentation for the second hour. You will still receive 1 CE for attendance. See next months newsletter for more details.

I hope you will consider serving your chapter in some capacity during the next 2 year term. We will begin the nominating process at our chapter meeting on November 9th. Chapter elections will be held at our annual business meeting which will be during our January 11, monthly meeting. If you have a desire to serve the chapter in any capacity please contact me for the eligibility requirements and duties of chapter officers. The positions of 1st Vice-President, 2nd Vice-President, Secretary and Treasurer will be open. To qualify you must be an LMT in good standing, your FSMTA membership assignment must be to the Flagler/Volusia chapter, be a Florida resident, fill out a nomination application and sign a consent to nomination form.

The office of Chapter President will also be open. To run for chapter President you must, in addition to the above requirements, have been an LMT in good standing for at least 2 years, held a position on the Chapter Board for 6 months, or held a committee chair position for 1 year.

Hospitality Chair

Again - We are currently looking for a hospitality chair to help with bringing the food to our monthly meetings beginning with our very next meeting on Nov. 9. There are 10 meetings a year. The chapter provides a budget for food and you can either prepare food yourself or buy and bring something for the attendees. If you will help the chapter in this effort please call Mark at 386.214.6268 to make arrangements for our next meeting. If no one wants to volunteer to help in this regard your board will soon be taking a vote on whether to continue with food service at each monthly meeting, or not. Can you help us?





Are you HIPAA / HITECH Compliant?



- ✓HIPAA HITECH Awareness Training 6 CEUs \$145
- ✓HIPAA HITECH Compliance Training 6 CEUs \$145
- ✓Both Classes for only \$200
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- ✓NPP Poster for your establishment \$14.99

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Call us today to
reserve your seat!

Training is geared to Massage Therapists and what you need to know!

Put in plain language so you can understand it.

Awareness Training Nov 10th 9am – 5pm

Compliance Training Nov 11th 9am – 5pm



HIPAA is not just for insurance providers anymore!

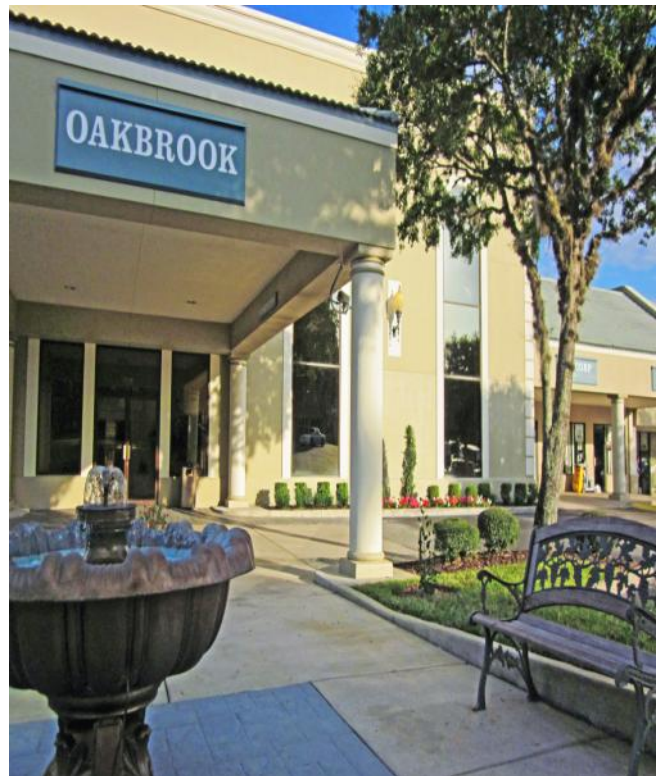
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(See the 2 pictures of this location on right and below)



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Contact Carol Underwood

386.668.3340



Presidents Report –

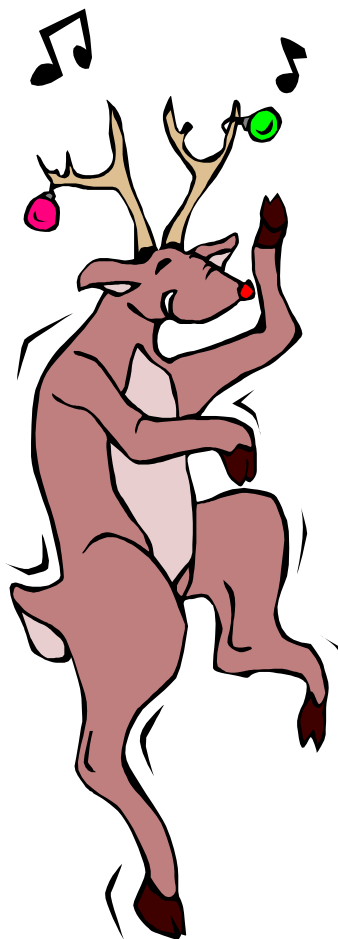
Mark Bigelow, LMT

Chapter Awards

If you would like to nominate someone for a chapter award please contact me for a nomination form and eligibility requirements. You must state the persons name, award nominated for and why you feel they deserve such an award. Categories will be, Chapter LMT of the Year, Outstanding Chapter Service, and Outstanding Sports Team Member.

Who do know that is deserving??

Christmas Party Information



Yeah! It's that time again for our annual Christmas party. Great things are in store for this year.

We are giving away a Massage Table with a headset, a hand rest, arm rests, and carry case a \$180 value. 2-yes two android tablet computers with 90 days free trial of Massage Clinic Professional software a prize valued at \$250 each. Also everyone at the party will carry away party favors specially made for this occasion.

Tickets are already on sale and going fast so make sure you get yours now! Before they're all gone. **Tickets will not be on sale at the door** you must purchase them prior to the party. You can purchase them with check or cash prior to the party at 240 Ridgewood Ave in Holly Hill if you miss the Nov 9th meeting. When purchasing your ticket you must state what entree you wish to get ***Fish, Chicken or Pasta***. Drinks are available at the party on your own tab.

(Deadline for purchasing Christmas Party tickets is December 7th)

Vince Carter's is on LPGA and I-95 in Daytona Beach and the party will be at what would be our regular scheduled meeting time 6:00 pm on Wednesday the 14th of December. Look forward to seeing each and everyone of you at the party.

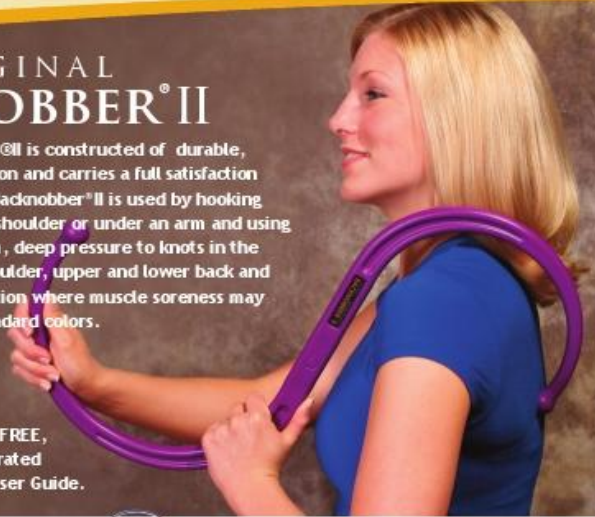
If it's anything like last years, fun will be had by all!

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PIVOTAL HEALTH SOLUTIONS
 SELF CARE DEEP MUSCLE MASSAGE TOOLS



THE ORIGINAL BACKNOBBER® II

The Original Backnobber® II is constructed of durable, fiberglass reinforced Nylon and carries a full satisfaction guarantee. The Original Backnobber® II is used by hooking one of its curves over a shoulder or under an arm and using its leverage to apply firm, deep pressure to knots in the muscles of the neck, shoulder, upper and lower back and to nearly any other location where muscle soreness may occur. Available in 4 standard colors.



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THE ORIGINAL TIGER TAIL

Make your muscles happy! The Tiger Tail Rolling Muscle Massager, 18" or 22" is a dense foam covered, muscle-friendly self care massage tool that helps you apply rolling and compression massage techniques.



THE ORIGINAL KNOBBLE®

Bodyworkers often use the Knobble to save wear and tear on their hands when working on tough spots. The Knobble feels almost like a part of your hand and can be held with your fingertips touching the receiver's body.



THE ORIGINAL INDEXKNOBBER® II

A simple device designed to let you apply deep pressure to muscles within easy reach of your hand. The ideal instrument for clinic or home use allowing for firm, sustained pressure on targeted muscles.



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An elegantly designed hand-held massage tool that can be used to provide a more pleasant and relaxing massage.



THE ORIGINAL KNOBBLE® II

The new design of the all wood favorite. Made of durable polymer with a band of non-latex, Santoprene, The Knobble II gives your hand more power when you need it.



THE ORIGINAL VIBRASSAGER®

This innovative rolling massager is equipped with two knobby wheels that actually feel like they vibrate as they roll across the back giving a delightful, relaxing massage.



THE ORIGINAL ORBIT MASSAGER®

The Orbit Massager® allows you to provide a stress releasing massage to the back, neck, shoulders and muscles throughout the body.



THE ORIGINAL PALMASSAGER®

One of the most efficient massage therapy aids available anywhere. Hold it firmly in the palm of the hand and use one, two or three of its round knobs to massage sore muscles.



Treasurers Report - Greg Neely, LMT



Our balance is \$8,923.53.

We have not paid for any of the Christmas Party Items as of yet

So our account is a little inflated. Ticket sales to the Christmas Party

overwhelmingly successful this year. We have already sold our initial allotment and only have a few tickets left.

The Board and I have already started working on the 2012 budget for the year so it can be voted upon during the January business meeting. I look forward to a prosperous and fruitful new year in 2012.

Our Annual convention logo has been chosen at the state level and vendors are already signing up. This year the convention will be held at the OMNI Hotel at Championsgate in Kissimmee, Florida. Hope to see you there.



Legislative Report - Greg Neely, LMT

**Senate Bill 0080 (2012) - The Florida Senate
The Human Trafficking Bill passed (5-0) favorably by Health Regulation committee**

The Bill is now going to the Criminal Justice committee.

There is no companion Bill in the House as of yet.

No action is needed by you at this time.

Informational only.

If it is passed in the January session by both the Senate and the House it would take effect in July 2012.



240 Ridgewood Ave
Holly Hill Fl 32117

Promoting professionalism through
training for massage therapists.

We're on the web at
www.fsmtafv.org



Upcoming Events and Speakers for 2011 & 2012

Upcoming Monthly Speakers

December 14 - Holiday Party at Vince Carter's
2012

January 11 - Annual Business Meeting, 1 hour
Mark Bigelow, 1 CE hour presentation, Balancing the Unstable Shoulder Joint

February 8 - Thomas Liberto, Pectoralis Minor and Its Effect on Hand Function

March 14 - Cary Bayer, Massage Marketing

The 2012 scheduling is in process.

Your suggestions for speakers or subjects are appreciated.

For renewal by August 31, 2013 you will need

- 12 - "relevant to massage therapy technique" CE Hours, must be in classroom only
- 6 - "general" CE Hours (can be classroom or done by homestudy courses)
- 2 - Professional Ethics
- 2—Prevention of medical errors
- 2 - Florida State Massage Laws and Rules
- 1—Aids prevention (not counted but required)
- 25 - total hours**

