



FSMTA Newsletter

October Chapter Meeting

Meeting Date – October 12, 2011

(2nd Wednesday of the month)

Presenter - Bob Murray, LMT

Subject - Tai Chi Body Mechanics for
Massage Therapists

Time – 6:00 pm - Registration and Networking

6:25 pm – Welcome and

announcements

6:30 pm - Program Begins

Location : Keiser University Auditorium,
Enter East Entrance & Parking Lot

Address: 1800 Business Park Blvd,
Daytona Beach, FL
386-274-2725

2 CE Hours Awarded - Members Free,
Non-members \$25.00.

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This Month's Presenter

Bob Murray has been studying Tai-Chi for 18 yrs and is the senior student of Tai-Chi Master Chen Song Tso. Bob has taught for Master Chen for ten years and was the silver medalist in the 2003 International Chinese Martial Arts Tournament competing in Empty Hand form and Weapons. Bob has been licensed in Florida as a massage therapist since 1996 and is currently a teaching assistant with Judith Delaney's Neuromuscular Institute. Bob utilizes Tai-Chi principles daily in his massage work and is eager to help other therapists do the same. Bob is immediate past president of the Treasure Coast Chapter of the FSMTA. Bob is also a tango addict.

These two Continuing Education (CE) lecture will discuss how the principles of Tai-Chi are directly related to proper body mechanics while giving a massage. This ancient system of whole body movement can help extend massage careers and improve health by practicing these **principles**.



Presidents Report – Mark Bigelow, LMT

September Meeting Presenter

Special thanks, to Dr. Yusuf Mihalov for his presentation at our September chapter meeting on Segment-Reflex Massage. All in attendance learned from his mastery of the subject material and we enjoyed his demo very much. We appreciate our speaker coming from a long distance to be with us and hope to see him again on our schedule in the future.

If you were in attendance, please get out your certificate and write this course number on it somewhere to be valid as follows.... 20-298533.

CPR class

Please check in this newsletter for information about a CPR class if you are interested in attending one

Elections

I hope you will consider serving your chapter in some capacity during the next 2 year term. We will begin the nominating process at our chapter meeting on November 9th. Chapter elections will be held at our annual business meeting which will be during our January 11, monthly meeting. If you have a desire to serve the chapter in any capacity please contact me for the eligibility requirements and duties of chapter officers. The positions of 1st Vice-President, 2nd Vice-President, Secretary and Treasurer will be open. To qualify you must be an LMT in good standing, your FSMTA membership assignment must be to the Flagler/Volusia chapter, be a Florida resident, fill out a nomination application and sign a consent to nomination form.

The office of Chapter President will also be open. To run for chapter President you must, in addition to the above requirements, have been an LMT in good standing for at least 2 years, held a position on the Chapter Board for 6 months, or held a committee chair position for 1 year.

Hospitality Chair

We are currently looking for a hospitality chair to help with bringing the food to our monthly meetings beginning with our very next meeting on October 12. There are 10 meetings a year. The chapter provides a budget for food and you can either prepare food yourself or buy and bring something for the attendees. If you will help the chapter in this effort please call Mark at 386.214.6268 to make arrangements for our next meeting.

Holiday Party

I am currently in the process of gathering information for our holiday party on

December 14th. If you would like to suggest a location

please call me at the phone number above.



CPR Class Information

Hello FSMTA members,

I am pleased to be able to offer to all the Flagler/Volusia FSMTA members the American Heart Association CPR/AED Adult "Heartsaver Course.

Classes are normally held on Fridays, 12:30 pm to 2:00 pm. Reservations are required to secure a seat in a class and can be made at 386-254-8288. The price for this class is \$30.00.

We will have a specially priced \$25, up to 8 students, Saturday session on October 8, 2011 starting at 10:00 am to Noon; another session will be available from 1:00 pm to 3:00 pm if more than 8 people register

Class is held at Med Skills Learning Center, 219 Magnolia Avenue, Daytona Beach, Florida.

You may always e-mail me at sal.lomonaco@earthlink.net if you want to register; the full amount in advance is required if you to assure a class seat if register by the October 6th for the October 8th class. If space available after the 6th, walk in's will be seated.

We thank Mark Bigelow, LMT, Flagler/Volusia Chapter president, for his confidence in our school and giving our school the privilege of working with your membership.



Cardio Pulmonary Certification (CPR/AED)

American Heart Association CPR Adult "Heartsaver Course

Med Skills Learning Center is offering Adult CPR Certification with Automated External Defibrillator training to our membership for \$30. Classes are held on Fridays, 12:30 pm to 2:00 pm. Reservations are required to secure a seat in a class and can be made at 386-254-8288. Special Saturday sessions will be offered in October for \$25 starting on October 8, 2011. Call Salvatore Lomonaco to be put on the Friday or Saturday schedule. Med Skills Learning Center is located at 219 Magnolia Avenue in Daytona Beach

We hope we can be of service to you.

Salvatore Lomonaco
Director of Admissions

386-254-8288

MedSkillsLearningCenter.com



FSMTA – Flagler/Volusia Chapter Board



**Mark Bigelow, 386.214.6268,
bigelowseminars@aol.com**

President



**Christopher Brooks, 386.795.2033,
dean@daytonacollege.edu**

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**Jane Sharpe, 386.586.3007,
janolmt@webtv.net**

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mossage57@yahoo.com**

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**Gregory Neely, 386.492.2958,
greg@newagetouch.com**

Treasurer

Central Office Address: 1870 Aloma Ave Suite#260: Winter Park, Fl 32789

Lynn Hupp Exec. Director: 407-628-2772 or toll-free 1-877-376-8248

Or 1-877-FSMTA 4 U.

Please notify Central office of any changes in address , phone, etc.



Treasurers Report - Greg Neeley, LMT

Balance as of 9/26/2011 is \$6837.59. We have 38 new members which have just recently been added to our database, welcome aboard. You should be getting a Membership package from the main office shortly if you have not already.

Legislative Report - Greg Neeley, LMT

Latest Memo that could cause issues this session with students being able to working without a license.

THE FLORIDA SENATE

SENATOR MIKE HARIDOPOLOS, President

Memorandum TO: All Senators

FROM: Mike Haridopolos, President

SUBJECT: Bill Filing

DATE: August 25, 2011

In an effort to posture legislation for consideration on the floor, a new process has been approved relating to bill referencing. Any bill that passed the Senate during the 2011 Session and died in the House may be eligible to be expedited by being referred to only one committee.

Questions or concerns on the process may be directed to Craig Meyer at 850-487-5229 or by e-mail at meyer.craig@flsenate.gov

Tiny Tidbits of Information

Similar to fingerprints,



everyone also has a
unique tongue print.

SKIN

Humans shed about 600,000 particles of skin every hour.

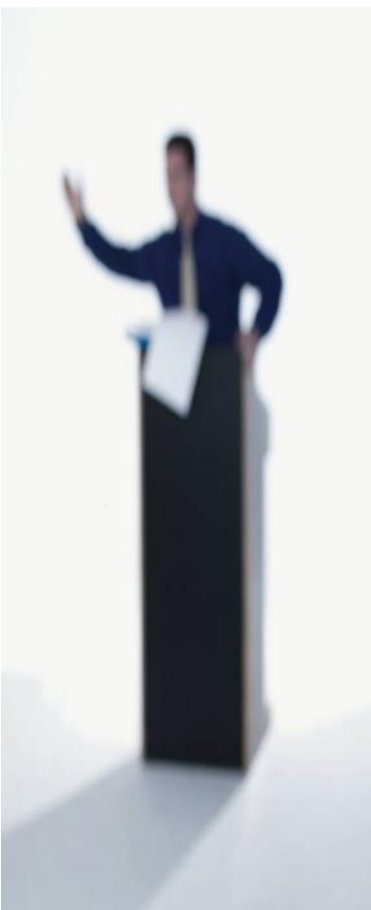
That works out to about 1.5 pounds each year,
so the average person will lose around 105 pounds of skin by age 70.



240 Ridgewood Ave
Holly Hill Fl 32117

Promoting professionalism through
training for massage therapists.

We're on the web at
www.fsmtafv.org



Upcoming Events and Speakers for 2011

Upcoming Monthly Speakers

October 12, Bob Murray – Tai Chi for Massage Therapists

November 9, Gregory Neely – Intro to HIPPA/HITECH

December 14, Holiday Party

The 2012 scheduling is in process. Your suggestions for speakers or subjects are appreciated.

For renewal by August 31, 2013 you will need

- 12 - “relevant to massage therapy technique” CE Hours, must be in classroom only
- 6 - “general” CE Hours (can be classroom or done by homestudy courses)
- 2 - Professional Ethics
- 2—Prevention of medical errors
- 2 - Florida State Massage Laws and Rules
- 1—Aids prevention (not counted but required)

25 - total hours